



Aberfoyle

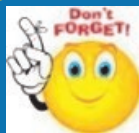
# Hub News

R-7 School

2018

TERM 3

Week 4



## Reminders:

### SCHOOL CLOSURE DAY

Week 6

Friday, August 31<sup>st</sup>

### PUPIL FREE DAY

Week 7

Monday, September 3<sup>rd</sup>  
(OSHC open on 3/9/18)

## Special Events

### BOOK WEEK

20/8/18 — 24/8/18



### Book Week Parade:

Monday, August 20<sup>th</sup>

9:30am (Courtyard)

(Community welcome)

### Book Week Performance:

(For R-4 students only)

Tuesday, August 21<sup>st</sup>

9:15am (Hall)

## Advanced Notice:

### Pupil Free Days

Term 4 — Week 8

Monday, December 3<sup>rd</sup>

### Premier's Reading Challenge

Closes Friday 7/9/18

### Sport Presentations

Basketball/Soccer/Netball

Saturday 8/9/18 at 9am

#### Principal:

Tas Ktenidis

#### Deputy Principal:

Sarah Magnusson



Government of South Australia  
Department for Education



## this issue

From the Principal **P.1**

Bully Audit, Student Wellbeing **P.2**  
SRC News, Music News, Di's Dialogue

Technoference, Nude Food Day **P.3**

Diary Dates, Of Interest **P.4**

## From the Principal

### ENROLMENTS FOR 2019

As the term is reaching the half way mark, here at Aberfoyle Hub we are beginning to look at numbers for the new school year. This total number of students that we will have for the new school year will determine the amount of classes for next year. Currently one area that we are waiting for is the final numbers in the early years.

If you are a prospective family looking to enrol your child or if you know of community members who are looking to enrol their child please come and see us. We would be more than happy to show the great and wonderful programs that we have at Aberfoyle Hub R-7 School.

If you have decided to enrol here for next year and have not done so as of yet, please do so as this will help us with our planning and placing of children.

### School Services Officers

As many of you are aware, schools are very busy places. The amazing achievements and inroads we do make with our children cannot be easily achieved without our SSOs. The positive contribution that they give, the one on one work, preparing class teacher materials or just being there to listen to our children add to the quality and value that each of our children receive with their education.

The theme this year for SSO Week is 'Respect'.

R: **Ready** to always help

E: **Education** is their business

S: **Supporting** both children and teachers

P: **Always** being a **positive** role model

E: **Every** child is their business

C: **Compassion** given to each and every child

T: **Time** to recognise and **thank them** for all that they do

Respect could possibly be associated with SSOs as above. I am sure however, that many of us can come up with other ideas to celebrate the many amazing things they do. Thank you to all SSOs at Aberfoyle Hub for the wonderful contribution you have give ach day.

### NAPLAN Online

As discussed in our last newsletter, our school will be transitioning next year to the online format for NAPLAN testing. One of the requirements will be that during Weeks 5 and 6, some of our Years 3 - 7 students will be trialling NAPLAN testing online.

If you have any queries about this please feel free to contact the school and ask to talk to either Sarah Magnusson or myself.

Tas Ktenidis  
Principal



## Di's Dialogue

When we're dealing with our children the dilemma parents/caregivers often face is the one about dealing with them equally or individually. Children like to receive the same as their siblings or peers, hence the "It's not fair, everyone else is allowed to do it!" Recently something caught my attention on the radio — something that I guess as a parent/caregiver I knew instinctively but may not have been able to voice. The announcers were talking about when children say "It isn't fair, she/he got...". The segment on the radio was about treating our children **individually** and not equally, which to them may seem "Not fair!" Each of us has different needs, abilities and skills, so therefore we as parents/caregivers and even teachers need to act accordingly. Personally I think society has skewed our view of equal. To me 'equal' means getting a say or being treated with respect just like everyone else, but the result for me may look different to the result for you - something to think about.

**Di Brinkworth**  
Pastoral Care Worker

## SRC News The Hub Fringe

The SRC has busily been working on creating a new style school event that rolls many great past events into one! On **Friday, September 7<sup>th</sup>**, we welcome the school community to join us at the school from 3:30pm to 6:30pm. There will be class stalls, mini-discos, sports activities, the canteen will be open, as well as performances from dance club, choir and Hub's Got Talent winners, plus a few surprises. Look out for the 'Hub Fringe Guide' that will be coming home to each family soon.

**Angela Thorburn**  
SRC Coordinator

## BULLY AUDIT Term 3 Week 9 Dealing with Bullying in our Schools

During this term we will be conducting a Bullying Audit with all classes Reception – Year 7. We are committed to creating a supportive environment free from bullying, harassment and violence. Your child will be participating by completing the Bully Audit Form. Class teachers will collate information that the students provide. Conversations will be had with any students who are identified by their peers through this process. Discussions will centre on what needs to improve/change to support positive behavior. You will be contacted if your child has been identified through this process and a meeting arranged where applicable.

**Sarah Magnusson**  
Deputy Principal

## STUDENT WELLBEING Online Games

We have all heard about the controversial topic of Fortnite and whether children are playing it or not. Ultimately that is the family's decision and one that the school 100% respects. School staff are noticing that some students are experiencing some unfriendly/bullying behaviour and even some behavioural changes with the word "Fortnite" being in the same sentence. One concerned parent shared their experience of the game with the school. We thought it would be a great opportunity to share her experience as some parents may be able to relate.

*"My child came home from school over a month ago nagging for the game Fortnite to be downloaded onto our computer, as that's what all the other kids were apparently playing. I didn't even know what it was. It ended up being a big mistake. In just a month of him playing he became a different child, an addicted child. It was all that mattered to him, from the minute he woke. It was all he wanted to do after school and on the weekends. His behaviour changed, there were so many outbursts and anger issues and I even noticed his behaviour changed at school. I've sat and listened to groups of kids playing it all together and in most cases it ends in bullying or stress from being 'killed' or 'killing' each other. In the holidays I decided to completely remove the game and even our computer from the home. A massive day of tantrums did follow, but within just one week of him stopping the game his behaviour went*

*back to normal. He went back to being the happy outgoing child that he is. I've done a bit of research into it and 70% of kids that are going to see psychologists have said that Fortnite is their game of choice."*

**Angela Thorburn**  
Student Wellbeing Leader

## MUSIC News

The Australian Girls Choir will be holding a workshop here on Thursday, August 23<sup>rd</sup> in the Multi-Purpose Room. Notices will be sent out for those girls in Years R- 6 who want to join this choir. The workshop is free of charge and gives an insight into the songs they perform.

Our Festival Choir will be going to a rehearsal at Magic Millions at Morphetville on Tuesday, August 28<sup>th</sup> with the **bus departing at 8:10am**. Our second rehearsal will be in the Festival Theatre on Tuesday, September 25<sup>th</sup> with the **bus departing at 8:10am**. **School uniform** is to be worn for these rehearsals. **We will be performing that night (Tuesday, September 25<sup>th</sup>) in the Festival Theatre, lining up outside at 6:40pm for the 7:30pm performance start time.**

We are pleased that we have new students taking up the no charge **string lessons**. Hire of a violin or viola is \$90 for the remainder of the year. Lessons are on Wednesdays in the arts room near Room 1 with **Kirsty Friebe** from the Instrumental Services.



If there are any students wanting to start either **guitar or ukulele**, **Alison Hansen** has vacancies. She teaches here on Wednesday mornings.

**Please call her on 0419 825 517** for further information. Instrumental Lesson Request Forms are available from the Front Office or the Music Room.

We are sending home **Hub Fringe Instrumental and Choir permission forms**. Unfortunately, only selected students can perform at the Fringe. (All instrumentalists will perform in the Recital Night on Wednesday, November 28<sup>th</sup>. More information about that will follow in Term 4.) **Please complete these forms and return them to the office by Thursday, August 30<sup>th</sup>.**

**Janet Parkinson**  
Arts Teacher & Choir Conductor





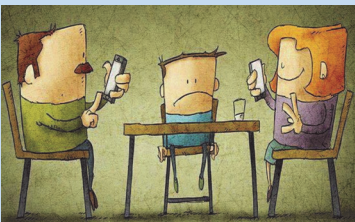
## TECHNOFERENCE

The interference of face-to-face contact from an addiction to digital devices.

“Social interaction from an early age is changing and we are finding that some **babies at six weeks of age are not smiling...** and smiling at six weeks old is a key milestone. What we have noticed is a lot of parents are holding their phone or iPad and not actually looking at their child. What worries us as paediatricians, is that platform of the child’s brain might be affected. That early brain development could be affected by that lack of interaction, or reduced amount of interaction, because parents are distracted by their phone.

These devices are very addictive. So, what does it replace? Basically, interacting with your child, or looking at what your child’s needs are, or responding to what your child is doing.”

**Professor Desiree Silva,**  
Head of Paediatrics,  
Joondalup Health Campus,  
Perth, WA.



Australian Research Council indicates 75% of Year 8s and 78% of Year 11s are using phones well into the night, up from 10% in 2011. Sleep deprivation of just 1 hr/night on a regular basis may reduce academic cognitive performance by up to 2 full years.

**Sarah Magnusson**  
Deputy Principal

# Wipe out Waste



As part of The Hub’s continued commitment towards reducing waste going to landfill and improving the school’s recycling, classes will again be participating in the **Less to Landfill Challenge** and holding **Nude Food Wednesday**.

The main reasons for this focus are that:

- Recycling and waste reduction conserves natural resources and energy, and ensures the sustainability of our planet.
- It aligns with the Australian Curriculum’s *Education for Sustainability* initiative.
- Waste going to landfill is far more costly to the school than recycling, so minimizing waste means there will be more money for learning resources and teaching support.



## Less to Landfill Challenge!

The classes have been invited to try to fit the entire class’s daily landfill waste into a tiny, 15cm tall bin! This emphasizes that every piece of packaging that we can save from landfill makes a difference. As part of the Challenge, we will begin having a ‘**Nude Food Day**’ every Wednesday to focus on minimizing food and packaging waste, which is the main component of school waste that has to go to landfill. This is where you can help!

## On NUDE FOOD DAY: Wednesday

### Try to pack:

#### A Waste-Less Lunchbox

- Snacks and drinks in reusable containers. This includes zip lock bags which can be washed and reused many times
- Reusable utensils when needed
- A reusable lunchbox or backpack

### Avoid:

#### A Disposable Lunchbox

- Lunches packed in plastic bags or cling wrap, foil or wax paper that cannot be reused
- Disposable forks and spoons
- Pre-packaged single-serve snack items



We are launching our Nude Food Day on **Wednesday, August 29<sup>th</sup>**. Please try to avoid ANY packaging in your child’s lunchbox on this day.

## DIARY DATES: AUGUST / SEPTEMBER



17/8	R - 7 Assembly 10:50am (Hall); Rooms 1 & 2 Local Shops Visit (Recycling)
20-24/8	Book Week (Week 5)
20/8	Book Week Parade 9:30am — Community welcome (Courtyard)
21/8	Book Week Performance: for R-4 <b>students</b> only (Hall)
23/8	Grounds & Facilities Meeting 8am (Admin)
24/8	3-7 Assembly 10:50am (Hall); Canteen Committee Meeting 2pm (Staff Room)
28/8	Choir to Magic Millions 8:05am—1:45pm
31/8	<b>SCHOOL CLOSURE DAY</b> ; Royal Adelaide Show starts
2/9	<b>Father's Day</b>
3/9	<b>PUPIL FREE DAY</b>

### Of interest

#### FOR SALE \$400 O.N.O. - Wrecking & Spares ONLY



#### John Deere Ride-on Mower Model L108 Automatic

Approximately 10-15 years old  
 Engine needs work  
 Front tyres blown  
 No battery  
**As is Condition**

Contact school for information (8270 5055)  
**Enquiries close: Thursday, August 23<sup>rd</sup> 2018**

#### Upcoming Activities at Onkaparinga Hub Library including Mark Le Messurier Presentation

Bookings for all our activities can be made at <https://www.eventbrite.com/o/onkaparinga-libraries-13918294808>.

##### For adults

##### Practical Ideas to Help Build Healthy, Resilient Young People by Mark Le Messurier

Monday 10 September, 6:30-8pm

Mark, a well-known teacher, counsellor and author, will give practical, realistic ideas on what you can do to improve your children's happiness, resilience and mental wellbeing.

Hosted by Our Saviour Lutheran School and the Hub Library. All community members welcome.

##### For young people

##### Words and phrases creative writing group

Improve your writing skills and have fun with words! Sessions will include activities designed to improve your creative writing and poetry skills with opportunities to share your favourite authors and novels. Materials provided. For 10yrs+ Third Friday of every month, 4-5pm.

##### Coding!

A series of 3 workshops where students look at real world problems then plan, design and build programmable solutions. Activities will include programming chips as moisture sensors, automatic watering and temperature control Facilitated by Dominic McNamara from DomSTEM.

Wednesday 15 August, 22 August, 29 August 5:30-7pm.

Cost: \$20 to be paid at the first workshop (includes all 3 workshops).

##### Technocraft

An exciting space for young people to explore technology related activities including circuitry, 3D printing, coding, virtual reality and more. Best suited for ages 8-12 years.

Tuesdays 3:30-4:30pm during school term

##### Lego Club

Lego building fun! For all ages.

Thursdays 3:30-4:30pm during school term

##### Anime & Manga Club

Do you love Manga & anime? Join us each month to draw, make, watch and have fun! For ages 12+

First Thursday of every month

**For more Information: Phone 8384 0100 Hub library, City of Onkaparinga**



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